



When you know
who you are, you
become stronger.

Isaac Tonasket | Confederated Tribes of the Colville Reservation

Culture connects
us and **protects** us
from fentanyl.

FOR OUR LIVES
Acting now to end overdose

WHAT WE CAN DO



Connect with our cultures and relatives.

Our cultures give us strength. We can connect through language, ceremonies and gatherings, art, food. We can spend time with elders and family.



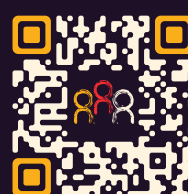
Talk about fentanyl and opioids.

Conversations make a difference. Share facts and experiences without judgment. Our young people often want adults to start the conversation.



Manage our pain and medication with care.

Talk to your doctor about alternatives to opioids, or consider using traditional healing practices to ease pain. Lock up prescribed opioids. Dispose of unused drugs.



ForNativeLives.org/safety

Learn more about protecting our Native families and communities against misuse of fentanyl and other opioids.